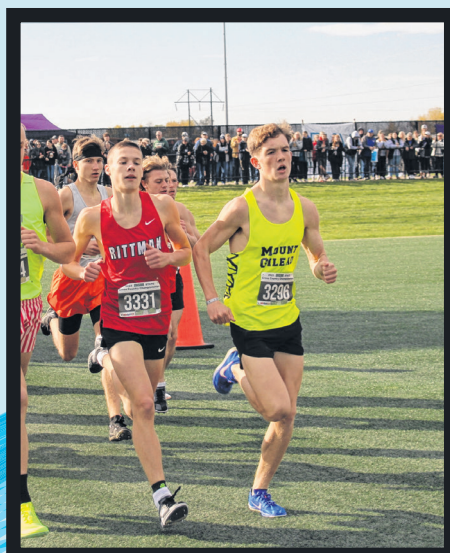


2024 *Fall Sports Preview*

August 2024
A special supplement of

The Morrow County
SENTINEL





The 2024 Northmor Golden Knights football team is pictured above.

Rob Hamilton | Morrow County Sentinel

Northmor hoping for playoff run

By Rob Hamilton
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After his Golden Knights were able to muster a 10-3 record last year and advance to the third round of the playoffs, Northmor head coach Scott Armrose is hoping to keep up that level of success behind 17 returning lettermen, most of whom were two-way players.

Northmor returns seven starters on offense and six on defense, but did graduate 10 players, so they will have to integrate a number of new players onto the field.

After having a very strong offensive season last year, Northmor returns many of its skill positions players, but will need to develop some

new linemen.

“Our strengths this season will be depth at skill positions, experience and balance offensively,” said Armrose. “Our major concern right now is developing our offensive line. While we return several starters in the skill positions, we only return two starting offensive linemen.”

The coach added that those skill players have earned a lot of honors for their performances.

“Offensively, we will count on junior quarterback A.J. Bower (second team All-Ohio) to lead us,” said Armrose. “He will distribute the ball to several excellent athletes at receiver. Jax Wenger (second team All-Ohio) and Bo Landin (honorable mention Central District) will

be his leading targets. Also, Carson Campbell (honorable mention Central District) returns after a 1200-yard season in 2023. Cowin Becker (five-time All-Ohio athlete) will play a much larger role in the offense this season as both a running back and a wide receiver.”

Last year, Bower threw for 2545 yards and 39 touchdowns, with Wenger catching 48 passes and 16 scores and Landin adding 37 receptions and 12 touchdowns. Becker added two scoring catches and tight end Cameron Goldbach also recorded a scoring catch. On the line, senior Nicholas Armrose picked up second-team honors in the KMAC at left guard.

On the other side of the ball, Northmor is

strongest up front, but will need to replace several starters behind that line.

“We return five guys with experience on the defensive line and they will be the strength of our defense,” Armrose said. “All three linebackers and two defensive backs were lost to graduation. We have guys with experience at the JV level ready to step up, but they lack varsity experience.”

Seniors Goldbach and Ashton Clark earned postseason honors last year, with Goldbach’s 58 tackles, nine sacks, three tackles for loss and two interceptions garnering him first-team KMAC and honorable mention Central District recognition and Clark’s 53 tackles, five sacks and

six tackles for loss giving him second-team KMAC honors.

Armrose stated that his players have been working hard to maintain the program’s current standards of success throughout the offseason.

“We have been working hard since the spring,” he said. “Our turnout to offseason workouts has been better than it ever has. These guys are excited to get things going Aug. 1. We challenged ourselves with good competition in our seven-on-sevens this offseason. We’ve worked our pass defense and got the passing game installed. That is really the only thing we get from seven-on-seven. Now is the time to work on the most important parts of football:

blocking and tackling.”

In the KMAC, the coach is of the opinion that a lot of teams have the talent to compete for a title.

“Danville lost an excellent senior group, but return plenty of athletes,” he said. “East Knox brings several players back from a really good 2023 season. Centerburg was young last year and got some key athletes experience. We will have to continue to get better to be able to compete with the top of the league. The rest of the league will be competitive and balanced. There won’t be any easy conference wins this season.”

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Highland’s 2024 football team is in the above picture.

Courtesy Photo | Above the Light Photography

Highland looking for successful season

By Rob Hamilton
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Last year, the Highland Scots’ football team finished 6-6 and claimed one postseason win before seeing their season ended.

While the team did graduate some key contributors, including

All-Ohio running back Dane Nauman, Ladon Hayes and Hayden Kline, there is reason for optimism in the program.

While head coach Ty Stover noted that his team has concerns about having quality depth and incorporating

young players into varsity competition, he did cite unity, effort, team speed and a team-first attitude as strengths that his players possess.

The Scots will utilize a spread-multi formation on offense, while playing a 3-4 base defense.

Stover added that, after a good summer of preparation, he has expectations for his squad this fall.

“We have had a good summer preparing for our upcoming season,” he said. “We will play hard, play smart, play together

and have fun competing and representing our community in a manner that is deserving of their respect.”

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Rob Hamilton | Morrow County Sentinel

The Mount Gilead football team is pictured above.

Indians out to develop consistency

By Rob Hamilton
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With many returning lettermen back for his Indians, Mount Gilead head football coach Mike Reid has high hopes his team will be able to become a consistent contender in the KMAC.

While the coach felt his squad was competitive last year, he noted that the overall record of 3-7 could easily have been better.

“Over the last couple of years, we have become competitive as a program, which Mount Gilead had not been for quite some time,” he said. “Our goal is now to transition from competitive to becoming a contender — a contender for a playoff berth and possibly at least be near the top in the conference title run. We feel that although we were competitive last year, we left some unfinished business on the field. This year, we don’t want to make any excuses. We want to lay it all on the line; no regrets, leave no doubts, leave nothing on the table, no unfinished business.”

To help in that endeavor, Reid has a lot of returnees. Junior quarterback Cole Fricke threw for 862 yards and five touchdowns and ran for 652 yards and four scores. He also registered 34 tackles, one

for loss, as a defensive back. Senior Eliot Jones ran for 574 yards and five scores, while contributing 23 tackles, two for loss, at linebacker. Senior Carson Trainer picked up 334 yards on the ground and four scores and also had a big year at defensive back with 74 tackles, four for loss, and three interceptions.

Cam Vickers earned first-team All-Ohio honors as a linebacker. The senior finished with 121 tackles, 10 for loss, and six sacks. He also was a first-team pick in the league and Central District and added 243 receiving yards and 256 rushing yards to go with five touchdowns on offense. Senior defensive end Shane Carpenter was a first-team league pick and second-team district selection after a year that saw him net 68 tackles, 14 for loss, and eight sacks.

Carpenter also is an offensive line letterman along with seniors Riley Cardwell and Miguel Martinez and juniors Brody Martinez, Cody Meimer and Gauge Shipman. Meimer also recorded 17 tackles, two for loss, and two sacks at defensive tackle. Also, at linebacker, junior Carson Barnum had 56 tackles, six for loss, two sacks and an interception and sophomores Boe Sayers, Wyatt Long and

Tyler Harr also lettered.

The team will have to fill a few holes, though, as a number of last year’s players did graduate. Hayden Krinn was a first-team All-Ohio offensive guard, while Logan High, Mitchell Sayers and Gabe Simpson all earned league and/or district recognition. Also graduated are Mason Barnum, Bryan Sayers and Gavin Strubhar.

Reid noted that Long, Sayers and Harr will all have expanded roles this year to help in replacing those players, as will senior Christian Overly and sophomores Kaden St. Clair and Cooper Nelson.

Reid expects the KMAC to be loaded with talented teams this year.

“The conference is a well-coached, competitive challenge to navigate,” he said. “With Ed Honabarger coming back into the KMAC to coach at Loudonville, it will become even more competitive, but he is not the only one. Fredericktown returns a great nucleus of players and coach Hartley is a tremendous mentor. But I believe the front runner is Northmor this year. They are loaded with a stable of proven returning athletes. Coach Armrose has done such a good job turning that program around and

maintaining consistency within it.

“And it seems like Danville, East Knox and Centerburg just reload year after year and all three have great coaches to guide them,” he continued. “I know coach Goetzman down at Cardington will have his kids trained up and ready to

roll and they have some very good skill kids coming back and a good-sized line.”

However, he has high hopes his squad will be in the mix.

“Our kids here at Mount Gilead have been working their tails off in the weight room, on the track and in the practice field,” said

Reid. “They are dedicated and have some skills of their own. So in the final analysis, this conference schedule will be another seven-week battle and our Indians will be right in the middle of it.”

Rob Hamilton can be reached at 419-946-3010, ext. 1807. Connect with him on Twitter at @SportsMCS

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The Cardington football team is in the above picture.

Rob Hamilton | Morrow County Sentinel

Pirates have sights set on improvement

By Rob Hamilton
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While the Cardington football finished 1-9 last year, 0-7 in KMAC play, there is reason for optimism this year.

The Pirates return eight starters on both sides of the ball, as well as nine lettermen on both sides. While head coach Ryan Goetzman admits that his team has

a lot of youth, which is a concern, those returnees give Cardington a strong foundation on both sides of the ball. The coach noted that his team returns a lot of skill position players on offense and brings back its secondary and linebackers on defense.

Goetzman said that he's looking for Wyatt Denney to build upon last year's All-Ohio

performance and also expects Kalin Briggs, Warren Garrison, Journey Williamson, Denton Garrison and Christopher Kinsey to be team leaders.

All of those players will be expected to help out on both sides of the ball. Offensively, Warren Garrison and Williamson will both see action at quarterback, while Denney is the team's top

running back and Briggs and Denton Garrison will be wings. Kinsey headlines the team's offensive line, which also projects to start Kayden Wells, Devin Cimino, Jake Adams and Abner Edgell. Also, Samuel Jones will play at wide receiver and Bryce Hartley is expected to play at tight end.

Defensively, Williamson, Denney and Kinsey will be the team's

starting linebackers. Both Garrisons will play at cornerback, as will Evan Stover. Briggs and Hartley will play at safety and Cimino, James Bradley, Lucas Brook and Hunter Marteney are expected to anchor the defensive line.

"The goal is to get better every week and allow ourselves to compete each week," said Goetzman of his team.

And he feels that competing in the KMAC will give his team great opportunities to do both of those things.

"The KMAC is always a very competitive league," he said. "Each week is a great opportunity for our team to compete and improve."

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Pictured above are Mount Gilead's boys' and girls' cross country teams for the 2024 season.

Rob Hamilton | Morrow County Sentinel

Indian XC has strong foundation of success

By Rob Hamilton
roberthamilton@aimmediamidwest.com

The Mount Gilead boys' cross country team will attempt to build upon what has been a very successful run.

Last year, the team finished second in the Division III state meet, which was their sixth-straight top-five finish. They also earned their sixth straight regional title, eighth straight district title and third straight league championship.

Returning are seven letter-winners, four of whom ran at the state meet. Will Baker placed fourth in the state meet after winning the KMAC and district and earning first-team in the region. Owen Hershner also was an All-Ohio runner, placing 28th in the state meet, after also claiming first-team accolades from the league, district and region. Both Nolan Hershner and Tommy Emberg were first-team KMAC and district runners who competed in the state meet, while Ryan Swalley and Ethan Turner both

were state championship alternates and Rowan Shaw also lettered.

The Indians will have to replace some talented runners to maintain their status as one of the top programs in Ohio. Three state meet runners graduated in Parker Bartlett, Nathan Smith and Collin Gabriel, with Bartlett earning first-team honors in the KMAC, district, region and state. Also graduated are Josh Davis, Luke Fraizer, Quade Harris, Wyatt Mowry and Landon Spoon.

Head coach Jake Hayes has a large number of runners looking to move into the top seven, though. Seniors Jon Miller, Gavin Keller and Josh Burnaugh; juniors Abram Newson and Tiger Carmon; sophomores Gage Bowersmith, Liam Stalnaker, Tae Davis, Kasen Wallace, Chace Staats, Elias Bulkowski and Gavin Spoon and freshmen Henry Bartlett, Caden Lewis, Brycen Gabriel, Marshall Hand, Tyler Miller, Blake Staats, Grayson Smith and Max

Bulkowski all are running for Mount Gilead this year.

"Our boys' team has incredible depth this season, with many returning athletes having state and national meet experience," said Hayes. "Our team goals for the season are to really embrace being the best version of ourselves and to see what running accolades we can achieve in that process. This summer, we have had great leadership and attendance and are really excited to see what the season has in store for us. As a team, we will work toward becoming a group of athletes who can win KMAC, district, regional and state titles."

The coach added that he expects to find tough competition in the KMAC, believing that five of the league's eight teams could easily reach the state meet. He cited Fredericktown, Northmor, East Knox and Centerburg as all having strong rosters.

The girls' team took third in both the KMAC and district

meets before finishing 10th in their regional meet. However, they return an experienced squad with eight letter-winners back for the 2024 season.

Kimberly Staley was a first-team runner in the KMAC, district and regional last year, while Ava Baker, Danielle Pohlkotte, Sophie Mosher, Haley Pfeifer, Adriana Hershner and Natalie Jagger all ran in the regional meet. Baker and Pohlkotte also were second-team runners in the KMAC. Baylee Snyder also lettered and was a regional alternate.

The team suffered no losses from graduation and also has Gwen Hershner, Brooke Jagger, Taylor McCarty and Lexi Fox on the roster this year, giving Hayes reason for optimism.

"Our girls' team is really excited for the upcoming season," said the coach. "Having graduated no seniors last year, our entire top seven is coming back this fall. These girls had a really successful track season in the spring and have been

working really hard this summer. With the experience of the older girls on the team and the addition of some really strong newcomers, our girls are set up for an exciting fall. As a team, our goals are to focus on the small details that help us to be the best version of ourselves and to make sure that we are able to show up to the start line knowing that we have done everything we can do to help us find success. We want to be competitive in the KMAC, district, region and state this fall."

Much like with the boys, Hayes looks at the KMAC as a very strong conference, noting that only one of the top 10 runners in the league meet graduated. He noted that Fredericktown and Northmor both have very strong teams and that Centerburg, Loudonville and Cardington all can boast strong individual athletes.

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Northmor XC teams have good potential

By Rob Hamilton

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While the Northmor boys' cross country team graduated three key runners from last year's team, including one of the program's all-time best performers, they return key athletes, one of whom enters his junior year as a two-time state qualifier.

That would be David Blunk, who has the fastest time for any freshman and sophomore in Northmor history. His personal best is 16:18. Last year, he was 89th in the state meet.

Senior Owen Yunker, juniors Levi Hunter and Dane Creswell and sophomore Vinton Naylor also return, with each having a personal best between 17:24 and 18:18.

The team will have to replace Ryan Lehman, who had a personal best of 15:59 and was a four-time state qualifier who is the second-fastest boy cross country runner in Northmor history. Also

graduated are Bryce Cooper and Griffin Healea.

With the talent he has back, head coach Kevin Ruhl thinks his squad has the potential to have another successful career after advancing two runners to the state meet in 2023.

"We have three guys who return from last season having ran times in the 17s or lower. Three other athletes have run times in the low 18s. The guys have worked hard this summer to be ready for the season and I expect them to compete for the top two or three team positions at every invitational that we attend. Hopefully, we can get the team back to the state meet again like they were able to do in 2020 and 2022."

Ruhl looks at the competition his team will face in the KMAC as a great test that will go a long way towards determining Northmor's success.

"Our league is loaded with running talent," he said. "Mount Gilead and Fred-

ericktown are really good. Hopefully, we can put ourselves in with that group by the end of the season if not before. We look forward to racing these top teams and seeing if we can get our times to go the right direction."

The Lady Golden Knights are hoping for a strong year behind a large group of returnees.

Senior Natalie Hunter and juniors Ryann Brinkman and Kate Lehman all were all-KMAC and all-district runners last year, while sophomore Macie Witherrall was an all-conference runner. The team also returns Harley Barler, Shelby Cooper, Elizabeth Ruhl, Kate Statler and Haylee Walker as letter-winners and head coach Mark Yaussy also expects freshmen Veronica Kanagy and Hannah Ambrose to compete for varsity spots.

"We return all top 12 girls from last year's team," said Yaussy. "We have a real strong front three runners with a group of seven runners that will be competing

for the remaining four spots on the varsity team. In addition, we have a great group of upperclassmen that provide great leadership."

Yaussy notes that injuries are a concern for his team, but feels there is a lot of potential for success.

"We hope to compete for the top three in all competitions," he said. "As always, our main goal is to make the state meet."

With a lot of strong competition in the KMAC once again this year, the coach said those challenges will be great preparation for the postseason.

"Fredericktown returns their top five runners from last year's team that won the conference meet," he said. "In addition, Mount Gilead returns the bulk of their team. We hope to be able to compete in the conference meet and run well and we will see where we land."

Rob Hamilton can be reached at 419-946-3010, ext. 1807. Connect with him on Twitter at @SportsMCS



Courtesy Photo | Unique Images of Ohio

Pictured above is the girls' cross country team at Northmor.



Courtesy Photo | Unique Images of Ohio

Northmor's boys' cross country team is in the above picture.

Scot XC teams looking for deep postseason runs

By Rob Hamilton

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Highland cross country coach Rich Williams will have a lot of returning talent on his boys' squad with five returning lettermen.

Both Matthew Miller and Cael Gilmore have run in districts and regionals, while Colton Clarkson, Henry Spence and Ethan Harmon also return for the Scots.

The team did graduate district runner Austin Grandstaff, but Williams has hopes that new talent will be able to help the team.

"We have several incoming freshmen with a lot of talent," he said. "We also have several underclassmen who will be fighting for openings in the varsity lineup."

The coach added that after injuries cost his team last year, he is hoping they can advance to the state

meet in 2024. In the MOAC, Williams looks at Shelby as the team to beat.

On the girls' team, three letter-winners are back. Both Riley Matthews and Kindy Mallow have run in regionals, while Abbie Pruett competed at the district level.

Much like with the boys' squad, Williams has freshmen and underclassmen whom he expects to compete for openings in the varsity line-up.

"We are looking to return to the regional meet or even state this year," he said. "We should have several freshmen and underclassmen who can step in and help out in the varsity line-up."

On the girls' side in the MOAC, Williams looks at Shelby as the frontrunner.

Rob Hamilton can be reached at 419-946-3010, ext. 1807. Connect with him on Twitter at @SportsMCS



Courtesy Photo | Above the Light Photography

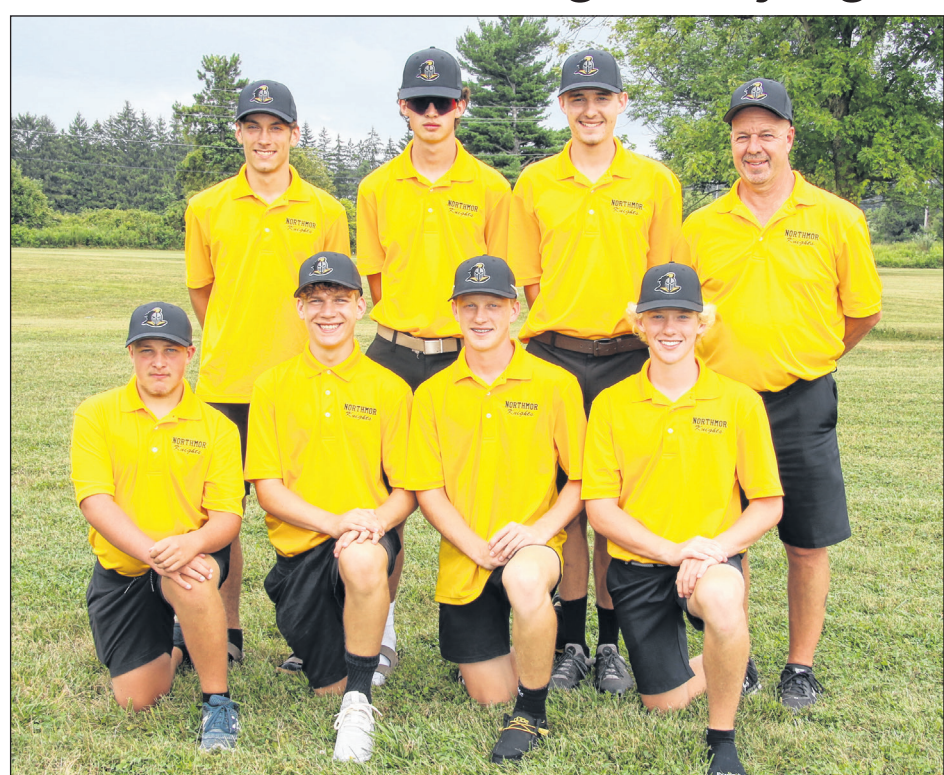
The Highland boys' cross country team is pictured above.



Courtesy Photo | Above the Light Photography

Pictured is Highland's girls' cross country team for the 2024 fall season.

Northmor Golden Knights boys' golf



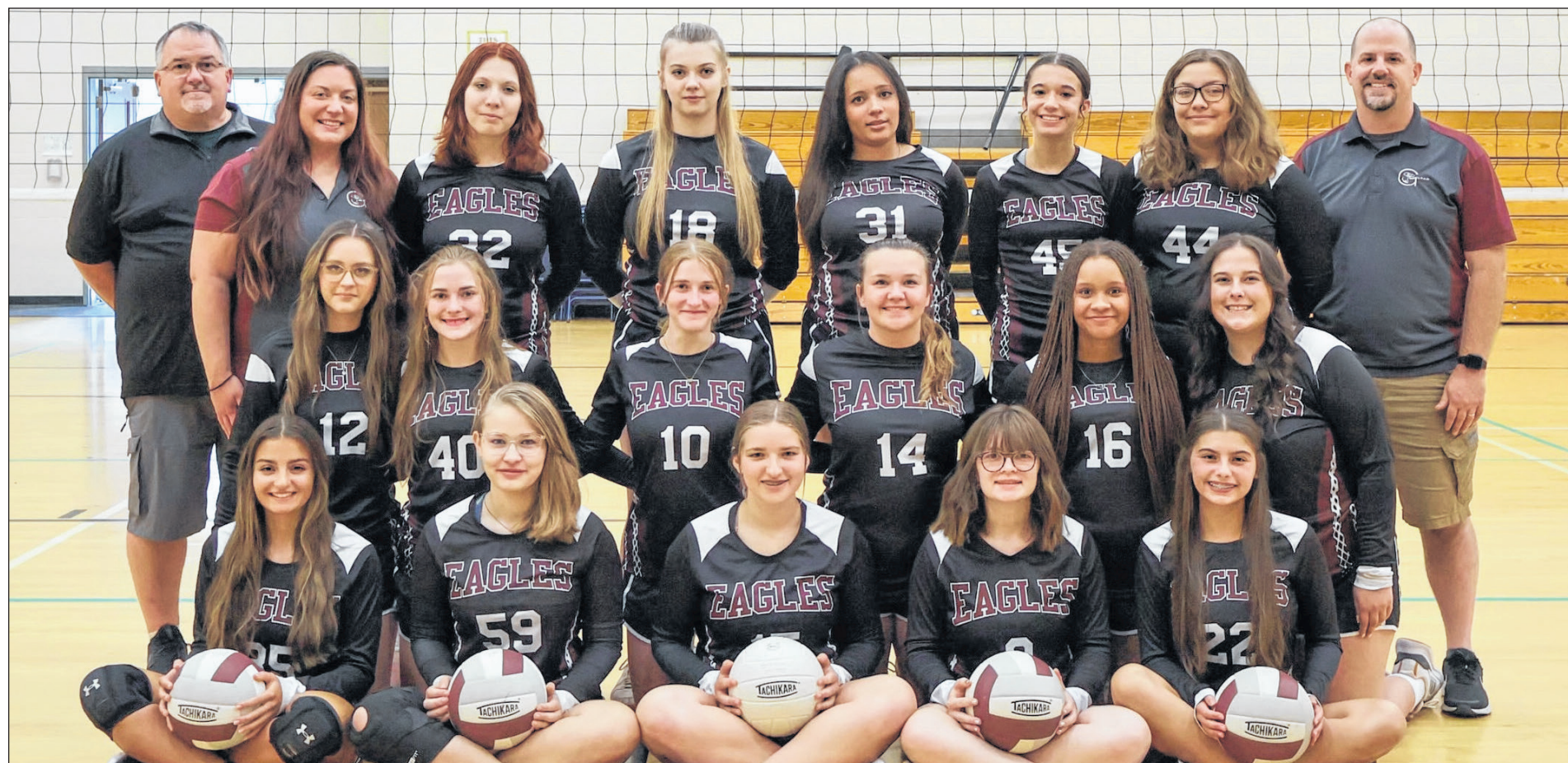
Courtesy Photo | Unique Images of Ohio

Northmor's boys' golf team is pictured above.

Go Athletes!

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Courtesy Photo

Gilead Christian's 2024 volleyball team is in the above picture.

GC spikers out for more wins

By Rob Hamilton

roberthamilton@aimmediamidwest.com

After finishing 5-16 last year, Gilead Christian will look to improve its fortunes on the volleyball court behind six letter-winners.

Senior Allyson Green is a two-time co-captain for the Eagles, while senior Lucy Meyer had 20 aces and 37 kills last year. Junior Abby Millinger has 119 aces through two seasons, junior Amy Caldwell finished with 60 kills last year and junior Daryll Martin added 116 digs in 2023. Also returning is junior Aryanna Green.

The team will have to replace four graduates in Megan Caldwell, Rylen Prothman, Olivia Morrison and Sophia

Harvey, though. Caldwell was a three-time ICSO all-conference player and three-time co-captain, while both Prothman and Morrison also earned all-ICSO recognition during their careers.

Looking to replace those players are a quartet of varsity newcomers: juniors Kya Workman, Chloe Hoffer and Emilee Parsell and sophomore Seraiah Campbell.

"We have an exciting varsity roster this year, consisting of a young but experienced group that is talented, athletic and hungry for a strong year," said head coach Dan Harvey. "We expect to always be competitive and look forward to growing our win column this year. It's always great to return so many play-

ers and I'm excited to see us play some great volleyball this year."

The coach added that he expects his team to be tested by this year's schedule.

"The ICSO East Division continues to be strong and we will have some tough divisional matches with the ICSO state champion Marion Hawks, Gospel Haven, Faith Christian and Kingsway Christian," he said. "Our non-conference opponents include Crestline, Granville Christian, Genoa Christian, Oakstone and beginning our season with Mount Gilead."

Gilead Christian volleyball schedule
8/30, H, Anchor Christian, 6 p.m.

9/6, A, Genoa Christian, 5 p.m.
9/9, A, Crestline, 5:30 p.m.
9/12, H, Coshocton Christian, 6 p.m.
9/16, A, Senedot, 5:30 p.m.
9/17, H, Marion Hawks, TBA
9/20, H, Oakstone, 6 p.m.
9/23, H, Senedot, 5:30 p.m.
9/26, A, Faith Christian, 5 p.m.
9/28, H, Grand Lake Christian, 6 p.m.
9/30, H, Granville Christian, 5 p.m.
10/3, A, Marion Hawks, TBA
10/5, H, Tri-East Richland/Heritage, 10 a.m.
10/8, A, Kingsway Christian, 5:30 p.m.
10/11, H, Harvest Temple, 5 p.m.

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Cardington Pirates volleyball



Rob Hamilton | Morrow County Sentinel

Cardington's 2024 volleyball team is pictured above.

Northmor Golden Knights volleyball



Rob Hamilton | Morrow County Sentinel

Northmor's volleyball team for this fall is in the above picture.



Courtesy Photo | Above the Light Photography

Highland's 2024 volleyball team is out to have another deep postseason run.

Lady Scots want to continue success

By Rob Hamilton
roberthamilton@aimmediamidwest.com

After finishing 23-4 last year and advancing to regionals, the Highland volleyball team will be carried by nine letter-winners this fall.

Head coach Rob Terrill's team brings back a lot of talent. Seniors Larsen Terrill and Kameron Stover both are two-time All-Ohio players.

Terrill, who has committed to Wright State, had 788 assists, 201 kills and 72 aces last year as a setter; while right-side hitter Stover, who has committed to Walsh University, led the state in kills last year, while also having 74 aces.

Junior Makaylee Merckling was a second-team MOAC performer who had 243 digs and 43 aces. Sophomore Rea-

gan Maibach tallied 95 kills; while junior Addi Mullins finished with 41 kills, 33 blocks and 17 aces. Senior Logan Bradley picked up 77 kills and senior Mia Stanco finished with 54 kills and 12 aces. Also back are Kendal Kline and Jossalyn Varney.

With nine returnees, Terrill isn't expecting to have any newcomers to his rotation,

although he will need to make up for the graduation of first-team MOAC libero Camryn Miller, who now is playing for Walsh University.

"We want to challenge again for the league championship and district championship and see how the new seven-division tournament plays out," said the coach.

In the MOAC, he expects his

team to be regularly tested by a number of tough opponents.

"We hope to contend with Shelby, Pleasant and Galion," he said. "Ontario and Harding will challenge everyone and River Valley and Clear Fork may surprise people."

Rob Hamilton can be reached at 419-946-3010, ext. 1807. Connect with him on Twitter at @SportsMCS

Highland Scots boys' soccer



Courtesy Photo | Above the Light Photography

Pictured above is the boys' soccer team at Highland.

Highland Scots girls' soccer



Courtesy Photo | Above the Light Photography

Highland's 2024 girls' soccer team is in the above picture.

Mount Gilead Indians volleyball



Rob Hamilton | Morrow County Sentinel

Pictured above is this fall's varsity volleyball team at Mount Gilead.

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Courtesy Photo | Above the Light Photography

Both the Highland boys' and girls' golf teams are pictured.

Scot golfers out to compete in MOAC

By Rob Hamilton
roberthamilton@aimmediamidwest.com

After a 2023 season that saw the Highland boys' golf team claim fifth place in the MOAC, the team will return five golfers — none of whom are seniors.

Junior Jayden Collins held a 44 average last year, while sophomore Hunter Ebner finished at 47 shots on average and junior Carter Merckling

had 48. Also back are sophomores Wayne Morrison (52 shots) and Tyco Arnett (54).

"All of our kids are young," said head coach Chris Rupe. "We have no seniors for the 2024 season."

Rupe added that his team also didn't lose anyone to graduation or transfer and hopes they can compete in the

MOAC this year. He added that his focus is more on his squad than the other league teams.

"I would rather not comment on other teams," he said. "Our goal is to get better this season."

The girls' team, coached by Dave Ware, also has hopes of competing in the conference.

The team featured a pair of girls who picked up MOAC

recognition for their efforts last year. Ceci Grassbaugh was a first-team selection who also advanced through sectionals to the district meet. Sierra Fitzpatrick earned honorable mention recognition in the conference.

Also back for the Lady Scots are Piper Dabbert and Ellie Rhea.

Ware, who looks at Pleasant

as the team to beat in MOAC play, feels his team can be in the mix if his golfers can continue to improve.

"We look to improve each year," he said. "We are geared to compete well in the MOAC this year."

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Pirate golf team has new faces

By Rob Hamilton
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The Cardington golf team will have a lot of new faces this year.

Coached by Ryan Rose, the squad returns a pair of senior lettermen. Logan Reynolds was the team MVP last year in earning honorable mention recognition from the KMAC. Carter Ramoneda also returns for the Pirates, who graduated A.J. Hall and Jason Bockbrader from last year's team.

Reynolds and Ramoneda will be joined by a number of newcomers in Rylan Fiant, Jesse West, Landon Strong, Jason Strong, Cyrus Linkous, Braden

Lackey, Bristol Whetnall and Jake Stainer.

Rose was pleased with the turnout for his team and expects his seniors to be good leaders for the younger golfers.

"With a lot of new golfers, we are looking to improve their game by season's end," he said. "It is great for our program to have so many golfers and with great veteran leadership, it makes their transition into golf easier."

In the conference, Rose looks at Northmor and Centerburg as the teams to look out for.

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Courtesy Photo | Memories by Mories

Cardington's 2024 golf team is in the above picture.

Cardington Pirates boys' cross country



Rob Hamilton | Morrow County Sentinel

Cardington's boys' cross country team is in the above picture.



Rob Hamilton | Morrow County Sentinel

Pictured is the Cardington girls' cross country team for this fall.

Mount Gilead Indians girls' golf



Rob Hamilton | Morrow County Sentinel

Pictured above is Mount Gilead's 2024 girls' golf team.

Mount Gilead Indians boys' golf



Courtesy Photo | Unique Images of Ohio

Mount Gilead's boys' golfer is pictured.